


SEPTEMBER 2023 LUNCH

LABOR DAY FACTS

The 1st Labor Day holiday was celebrated in New York City on TUESDAY, September 5, 1887
Oregon was the 1st State to pass a law recognizing Labor Day as an official holiday on February 21, 1887,
On June 28, 1894, President Grover Cleveland signed legislation to make Labor Day an annual federal holiday on the 1st Monday of September.

Monday	Tuesday	Wednesday	Thursday	Friday
				01 Cheese Pizza or Cheese Calzone Marinara Sauce Baby Carrots Cole Slaw Pineapple Tidbits
04 	05 Cheese Lasagna Spaghetti Sauce or Chicken Nuggets Green Peas Pear	06 Swedish Meatballs Beef Gravy/Egg Noodles or Mini Corn Dogs Raisins / Ketchup Green Beans Flavored Applesauce	07 BBQ Rib Patty Sandwich or Taco Bites Taco Sauce Corn Pinto Beans Cantaloupe	08 Bosco Sticks Marinara Sauce or Stuffed Crust Pizza Baby Carrots Grapes Educational Crackers
11 Nachos Or Grilled Chicken Chunks BBQ Sauce Diced Carrots Black Beans Flavored Applesauce Tortilla Chips	12 Cheese Ravioli or Meatball Sub Broccoli Sweet Potato Tots Tropical Fruit Cup	13 Meatloaf Ketchup or Grilled Chicken Patty Chicken Gravy Green Beans Mashed Potatoes Pear Bread/Margarine	14 Chicken & Waffles Syrup or Chicken Strips BBQ Sauce Corn Tater Tots Blueberries	15 Cheese Pizza Wedge or Sausage Pizza Romaine Salad/Italian Grape Tomatoes Baby Carrots Orange Pretzel
18 Taco Mac & Cheese or Chicken Rings Peas & Carrots Flavored Applesauce Tortilla Chips	19 Chicken Drumstick Cheez its or Nachos Cheddar Cheese / Tortilla Chips Green Beans Black Beans Orange	20 Sloppy Joe or Hot Dog Ketchup Broccoli Sweet Potato Tots Apple	21 Breaded Chicken Sandwich or Hamburger Ketchup/Mustard Corn Peach	22 Cheese Quesadilla Pizza or Cheese Pizza Baby Carrots Cole Slaw Cantaloupe
25 Chili Mac Breadstick or Popcorn Chicken BBQ Sauce / Educational Crackers Broccoli Diced Carrots Orange	26 BBQ Chicken Chunks BBQ Sauce / Cheese Crackers or Hamburger Ketchup/Mustard Green Beans Baked Beans+ Apple	27 Tacos Cheddar Cheese / Flour Tortilla or BBQ Rib Patty Sandwich Corn Pinto Beans Pineapple Tidbits	28 Pancakes & Sausage Syrup or Chicken Strips Diced Carrots / BBQ Sauce Tater Tots Banana	29 Pepperoni Pizza or Bosco Sticks Romaine Salad/Ranch Grape Tomatoes Cole Slaw Peach

MILK contains no artificial growth hormones or antibiotics

We use whole grain breads and 100% fruit juice

Nutrition and allergen information
available at www.FSPro.com

Milk is available with all meals
Menu items do not contain pork
+ Does not contain meat



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